

MAY 2017

Three Forks Schools

MONDAY

BREAKFAST 1
Waffle Stix / Sausage Link
Cold Cereal
LUNCH
Pizza Pasta
Italian Dunkers
Corn / Fruit

BREAKFAST 8
Waffle Stix / Sausage Link
Cold Cereal
LUNCH
Spaghetti & Meatsauce
Corn
Garlic Toast
Fruit

BREAKFAST 15
Waffle Stix / Sausage Link
Cold Cereal
LUNCH
Alfredo Chicken
Steamed Veggies
Fruit
Cookie

BREAKFAST 22
Waffle Stix / Sausage Link
Cold Cereal
LUNCH
Bacon, Chicken Mac & Cheese
Veggies
Fruit

29

TUESDAY

BREAKFAST 2
Sausage & Egg McMuffin
7-Grain Hot Cereal
LUNCH
Mexican Haystacks
Fixin's
Fruit

BREAKFAST 9
Biscuits & Gravy
7-Grain Hot Cereal
LUNCH
Oriental Chicken
Long Grain Rice
Chow Mein Noodles
Egg Roll / Fruit

BREAKFAST 16
Sausage & Egg McMuffin
7-Grain Hot Cereal
LUNCH
Soft Shell Taco
Fixin's
Fruit
Refried Beans

BREAKFAST 23
Biscuits & Gravy
7-Grain Hot Cereal
LUNCH
Chili
Cinnamon Roll
Fruit

30

WEDNESDAY

BREAKFAST 3
Frenet Toast Stix / Bacon
Cold Cereal
LUNCH
Cluckers
Fixin's
French Fries
Fruit

BREAKFAST 10
French Toast Stix / Bacon
Cold Cereal
LUNCH
Meatball Sub
Sweet Potato Puffs
Tater Tots
Fruit

BREAKFAST 17
French Toast Stix / Bacon
Cold Cereal
LUNCH
Corn Dogs
Cheese Stick
Veggies
Fruit

BREAKFAST 24
French Toast Stix / Bacon
Cold Cereal
LUNCH
Hot Dogs
With or without Chili
Chips / Veggies
Fruit

31

THURSDAY

BREAKFAST 4
Ham & Egg Croissant
7-Grain Hot Cereal
LUNCH
Blanco Chili
Corn Bread
Fruit Salad
Ice Cream Bar

BREAKFAST 11
Bagels / Cream Cheese
7-Grain Hot Cereal
LUNCH
"Just like KFC Bowl"
Fixins
Biscuit
Fruit

BREAKFAST 18
Ham & Egg Croissant
7-Grain Hot Cereal
LUNCH
Hawaiian Haystacks
Fixin's
Fruit

BREAKFAST 25
Bagels / Cream Cheese
7-Grain Hot Cereal
LUNCH
Chicken Fried Steak
Mashed Potatoes & Gravy
Green Beans
Fruit

FRIDAY

BREAKFAST 5
Breakfast Pizza
Cold Cereal
LUNCH
Cinco De Mayo Celebration
Super Oles
Fixins
Fruit

BREAKFAST 12
Turnovers
Cold Cereal
LUNCH
k-5th Pizza
6th - 12th Big Daddy Pizza
Salad Mix
Fresh Fruit

BREAKFAST 19
Pancake Wrap
Cold Cereal
LUNCH
Track & Field Day
Hamburgers/ Hotdogs
Chips/ Salads
Water bottle

BREAKFAST 26
Muffins
Cold Cereal
Early release 11:10 am

Enjoy the
summer!

Find time to
read a good
book!

Explore our
great
community!

See you in
the Fall.

DID YOU KNOW...

The birthstone for May is the emerald which represents success or love.