

April 2018

Three Forks Schools

Monday

2

No School

Tuesday

3

No School

Wednesday

4

BREAKFAST
French Toast & Bacon
Cold Cereal
LUNCH
Corn Dog
Chips
Veggies / Fruit

Thursday

5

BREAKFAST
Ham & Egg Croissant
7-Grain Hot Cereal
LUNCH
Chicken Fried Steak
Mashed Potatoes & Gravy
Green Beans / Fruit

Friday

6

BREAKFAST
Bagels / Cream Cheese
Cold Cereal
LUNCH
Pizza
Salad Mix
Fresh Fruit

BREAKFAST 9

Waffles / Sausage Link
Cold Cereal
LUNCH
Spaghetti & Meatsauce
Corn / Fruit
Garlic Toast

BREAKFAST 10

Biscuits & Gravy
7-Grain Hot Cereal
LUNCH
Hawaiian Sliders
Chips
Melons

BREAKFAST 11

French Toast & Bacon
Cold Cereal
LUNCH
Hamburger & Fixin's
French Fries
Fruit

BREAKFAST 12

Ham & Egg Croissant
7-Grain Hot Cereal
LUNCH
Oriental Chicken
Rice . Egg Roll
Chow Mein Noodles
Fruit / Fortune Cookie

BREAKFAST 13

Pancake Wrap
Cold Cereal
LUNCH
Pulled Pork
Coleslaw / Baked Beans
Fresh Fruit

BREAKFAST 16

Waffles / Sausage Link
Cold Cereal
LUNCH
Beef Stroganoff
Green Beans / Fruit
Roll

BREAKFAST 17

Sausage & Egg McMuffin
7-Grain Hot Cereal
LUNCH
Super Oles
Fixin's
Fruit

BREAKFAST 18

French Toast & Bacon
Cold Cereal
LUNCH
BBQ Sliders
Tater Tots/ Fruit
Animal Crackers

BREAKFAST 19

Ham & Egg Croissant
7-Grain Hot Cereal
LUNCH
Hawaiian Haystacks
Fixin's
Fresh Fruit

BREAKFAST 20

Bagels / Cream Cheese
Cold Cereal
LUNCH
Chili
Cheese & Crackers
Famous Cinnamon Roll
Fruit

BREAKFAST 23

Waffles / Sausage Link
Cold Cereal
LUNCH
Hot Dog
With or without CHILI
Chips / Fruit/ Veggies

BREAKFAST 24

Biscuits & Gravy
7-Grain Hot Cereal
LUNCH
Soft Shell Taco's
Fixin's
Fruit

BREAKFAST 25

French Toast / Bacon
Cold Cereal
LUNCH
Chicken & Cheese
Quesadilla
Cilantro Rice & Beans
Fruit

BREAKFAST 26

Ham & Egg Croissant
7-Grain Hot Cereal
Grandparents & Senior Friend
Turkey Dinner
Celebration

BREAKFAST 27

Pancake Wrap
Cold Cereal
LUNCH
Ravioli Bake
Italian Dunkers
Corn / Fruit

30

No School

Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.

Salad Bar

This is offered every day!
3rd Grade and up

Roamin Lettuce
Shredded Lettuce
Ceasar Salad
Olive Garden Salad
Spinach Salads
Cottage Cheese
Assorted toppings &
Veggies
Specialty Soups

Sandwich Bar

Elementary

Monday - Ham & Cheese
Tuesday - Tuna & Cheese
Wednesday - PB & Jelly
Thursday - Turkey & Cheese

6-12 Grades

Whole Grain Bread Choices
Turkey
Ham
Roast Beef
Tuna
Assorted Cheeses and toppings

Menu subject to change
Notice given when possible