

# August 2019

## Three Forks Schools

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

### Did You Know?

When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus.

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Open House  
6-7pm

Teachers Orientation  
PIR Day

**Breakfast**  
French Toast  
Bacon/ cold cereal  
**Lunch**  
Corn Dog  
Chips  
Cookie  
Fruit

**Breakfast**  
Ham & Egg Crossiant  
Hot Cereal  
**Lunch**  
Chicken Fried Steak  
Mashed Potatoes/ Roll  
Green beans  
Fruit

**Breakfast**  
Bagels/ Cream Cheese  
Cold Cereal  
**Lunch**  
Pizza  
Salad  
Fruit

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**Breakfast**  
Pancake Wrap  
Cold Cereal  
**Lunch**  
Chicken Alfredo  
Capri Veggies  
Fruit

**Breakfast**  
Biscuits & Gravy  
Hot Cereal  
**Lunch**  
Soft Shell Taco  
Fixins  
Refried Beans  
Fruit

**Breakfast**  
French Toast  
Bacon/ Cold Cereal  
**Lunch**  
Grilled Chicken Sandwich  
Fries  
Fruit

**Breakfast**  
Sausage & Egg Crossiant  
Hot Cereal  
**Lunch**  
Pizza Pasta  
Italian Dunkers  
Corn  
Fruit

No School

### Salad Bar

Is offered to students  
3<sup>rd</sup> Grade and Up!  
With any menu choice  
Romain Lettuce  
Caesar Salad  
Spinach & Coleslaw Salads  
Cottage Cheese  
Veggies  
Fruit

Soup Pots are for 6<sup>th</sup> Grade & Up

### Meal Prices

**BREAKFAST**  
K-12 \$2.50  
**LUNCH**  
k-5<sup>th</sup> Grade \$2.50  
6<sup>th</sup> - 12<sup>th</sup> Grade \$2.75  
Adults \$3.50

### Sandwich Bar

Elementary  
Monday - Ham & Cheese  
Tuesday - Tuna & Cheese  
Wednesday - PB & Jelly  
Thursday - Turkey & Cheese

Roast Beef, Turkey, Ham  
Tuna & Egg Salad  
Whole Grain Bread Choices  
Assorted Topping & Cheeses

Menu subject to change  
Notice given when possible