

JANUARY 2018

Three Forks Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO School	2 No School	3 BREAKFAST French Toast Stix / Bacon Cold Cereal LUNCH Burrito Spanish Rice Fruit	4 BREAKFAST Ham & Egg Croissant 7-Grain Hot Cereal LUNCH Just Like KFC Bowl* Fixin's Fruit Biscuit	5 BREAKFAST Pancake Wrap Cold Cereal LUNCH K-4 Sloppy Joes 5 th -12 th Pulled Pork Coleslaw / Baked Beans Fruit
8 BREAKFAST Waffle Stix / Sausage Link Cold Cereal LUNCH Spaghetti & Meatsauce Corn / Fruit Garlic Bread	9 BREAKFAST Biscuits & Gravy 7-Grain Hot Cereal LUNCH Hawaiian Haystacks Fixin's Pineapple	10 BREAKFAST French Toast Stix / Bacon Cold Cereal LUNCH Hamburger Fixin's Baked Beans / Fruit	11 BREAKFAST Ham & Egg Croissant 7-Grain Hot Cereal LUNCH BBQ Chicken Sliders French Fries Veggies / Fruit	12 No School
15 No School	16 BREAKFAST Sausage & Egg McMuffin 7-Grain Hot Cereal LUNCH Soft Shell Taco's Refried Beans Fixin's Fruit	17 BREAKFAST French Toast Stix / Bacon Cold Cereal LUNCH Corn Dogs Chips Mozzarella Cheese Stick fruit	18 BREAKFAST Ham & Egg Croissant 7-Grain Hot Cereal LUNCH Meatball Sub Sweet Potato Puffs Fruit	19 BREAKFAST Bagels / Cream Cheese Cold Cereal LUNCH Pizza Salad Mix Fresh Fruit
22 BREAKFAST Waffle Stix / Sausage Link Cold Cereal LUNCH Chicken Alfredo California Blend Veggies Garlic Toast Fruit	23 BREAKFAST Biscuits & Gravy 7-Grain Hot Cereal LUNCH Chili Crackers & Cheese Famous Cinnamon Roll Applesauce Cup	24 BREAKFAST French Toast Stix / Bacon Cold Cereal LUNCH Hot Dog With or without Chili Chips Veggies / Fruit	25 BREAKFAST Ham & Egg Croissant 7-Grain Hot Cereal LUNCH Chicken Fried Steak Mashed Potatoes & Gravy Green Beans Fruit	26 BREAKFAST Pancake Wrap Cold Cereal  Hawaiian LUAU Teriyaki & Orange Chicken Over Rice Fresh Fruit & Salad
29 BREAKFAST Waffle Stix / Sausage Link Cold Cereal LUNCH Pizza Pasta Italian Dunkers Corn / Fruit	30 BREAKFAST Sausage & Egg McMuffin Cold Cereal LUNCH Blanco Chili Cheese & Crackers Apple Bosco Stick	31 BREAKFAST French Toast Stix / Bacon Cold Cereal LUNCH Cluckers / Fixin's French Fries Fruit	DID YOU KNOW... JANUARY IS NAMED AFTER THE ROMAN GOD JANUS, WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS. HE LOOKED BACK TO THE LAST YEAR AND FORWARD TO THE NEW ONE.	

Sandwich Bar

Monday - Thursday

Elementary

Monday - Ham & Cheese
 Tuesday - Tuna & Cheese
 Wednesday PB & Jelly
 Thursday - Turkey & Cheese

6th - 12th Grade

Whole Grain Bread Choices
 Roast Beef, Turkey, Ham, & Tuna
 Cheddar, Provolone, Pepperjack &
 American Cheese
 Lettuce, Tomato, Onion, Olives &
 Banana Peppers
You can build a great sandwich!

Salad Bar

This is offered everyday
 3rd Grade and UP!
 Romain Head Lettuce
 Caesar Salad
 Olive Garden Salad
 Cottage Cheese
 Assorted Veggies

Menu subject to Change
Notice given when Possible