

May 2018

Three Forks Schools

Monday

Tuesday

Wednesday

Thursday

Friday

1

BREAKFAST
Sausage & Egg McMuffin
7-Grain Hot Cereal

LUNCH
Chicken Taco
Fixin's
Fruit

2

BREAKFAST
French Toast / Bacon
Cold Cereal

LUNCH
Hamburger
Fixin's
French Fries
Fruit

3

BREAKFAST
Ham & Egg Croissant
7-Grain Hot Cereal

LUNCH
Just like KFC Bowl
Fruit / Biscuit

4

BREAKFAST
Bagels / Cream Cheese
Cold Cereal

Cinco De Mayo
Super Ole's
Fixin's
Fruit

7

BREAKFAST
Waffles / Sausage Link
Cold Cereal

LUNCH
Spaghetti & Meatsauce
Corn / Fruit
Garlic Toast

8

BREAKFAST
Biscuits & Gravy
7-Grain Hot Cereal

LUNCH
Chili
Cinnamon Roll
Apple Sauce Cup

9

BREAKFAST
French Toast / Bacon
Cold Cereal

LUNCH
Hot Dogs
Chips / Veggies
Fresh Fruit

10

BREAKFAST
Ham & Egg Croissant
7-Grain Hot Cereal

LUNCH
Chicken Fried Steak
Mashed Potatoes & Gravy
Green Beans / Fruit

11

BREAKFAST
Pancake Wrap
Cold Cereal

LUNCH
Pulled Pork Sandwich
Coleslaw/ Beans/ Chips
Fruit

14

BREAKFAST
Waffles / Sausage Link
Cold Cereal

LUNCH
Blanco Chili
Homemade Roll
Treat/ Fruit

15

BREAKFAST
Sausage & Egg McMuffin
7-Grain Hot Cereal

LUNCH
Mexican Haystacks
Fixin's
Fruit

16

BREAKFAST
French Toast / Bacon
Cold Cereal

LUNCH
Corn Dogs
Cheese Stick
Fresh Fruit/ Veggies

17

BREAKFAST
Ham & Egg Croissant
7-Grain Hot Cereal

LUNCH
Pizza Pasta
Italian Dunkers
Corn / Fruit

18

BREAKFAST
Muffins / Yogurt
Cold Cereal

Track & Field Day Picnic
Hamburgers / Hot Dog
Chips / Watermelon
Macaroni Salad / Cookie

21

BREAKFAST
Waffles / Sausage Link
Cold Cereal

LUNCH
Fajita's
Fixin's
Fruit

22

BREAKFAST
Biscuits & Gravy
Cold Cereal

LUNCH
Hamburgers
Fixin's
French Fries
Fruit

23

BREAKFAST
French Toast / Bacon
Cold Cereal

LUNCH
Pizza
Salad Mix
Fresh Fruit

24

BREAKFAST
Cake Donuts/ GoGurt
Cold Cereal

LUNCH
Turkey & Bacon Sub
Chips
Veggies / Fruit

25

28

29

30

31

Did you Know...

The birthstone of May, the emerald, symbolizes success and love.

Sandwich Bar

Elementary

Monday - Ham & Cheese
Tuesday - Tuna & Cheese
Wednesday - PB & Jelly
Thursday - Turkey & Cheese

6th - 12th Grade

Whole Grain Bread Choices
Turkey, Ham, Roast Beef,
Tuna & Egg Salad
Assorted Cheeses & Toppings

There will be NO Sandwich Bar the Last Week of School.

Salad Bar

This is offered every day
3rd Grade and up

Assorted Salads
And vegetables

Menu subject to Change
Notice given when possible

Enjoy your
Summer